



## COACH BOB

HEAD COACH – GASTONIA LOCATIONS

[speed@katesonline.com](mailto:speed@katesonline.com)

### PROFILE:

With 20+ years of coaching experience in Roller Sports, Coach Bob has been affiliated with some of the most successful speed skating programs in the country. As a competitor, he has been a multi-time National Champion, and as a coach has guided many of his skaters towards achieving their goals and dreams. Under Coach Bob's guidance and instruction many of his past skaters have reached incredible success on the local, regional, national, and international levels! Coach Bob's coaching style promotes respect, dedication, and fair play, all while developing great skaters in a supportive team environment.

### EXPERIENCE:

- HEAD COACH – MASS UNITED (1996)
- HEAD COACH – WESTERN NEW ENGLAND SPEED TEAM (1998)
- HEAD COACH – WATERBURY SPEED CLUB (2000)
- HEAD COACH – PARAMOUNT INLINE RACING (2001)
- HEAD COACH – TEAM XTREME (2003)
- HEAD COACH – HIGH POINT SKATING CLUB (2005)
- PRESIDENT & HEAD COACH – HP SPEED (2009)
- PRESIDENT & HEAD COACH – E RACING (2011)
- ASSISTANT COACH – OMNI SPEED (2019)

### HIGHLIGHTS:

- USA ROLLERSPORTS CERTIFIED LEVEL 2 COACH
- SAFE SPORT CERTIFIED COACH
- COACH OF MULTIPLE NATIONAL CHAMPIONS
- EARNED MULTIPLE NATIONAL CHAMPIONSHIP TITLES AND RECORDS
- CERTIFIED US ROLLER SPEED SKATING COACH

### COACH'S ROLE:

Coach Bob's role is to ensure that all skaters are in an environment that is professional, safe, and most importantly FUN! Through the measurement of skills assessment and checkpoints, our coaching staff will ensure that skaters are progressing with the proper development pathway in a place that addresses the unique needs of the individual, as well as the team. All TKR coaches routinely collaborate to ensure excellence in teaching is achieved.